



**LINKES**

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**Registered Charity Number SC037175**

**Linkes Community Rooms, 200 Lincoln Avenue, Glasgow, G13 3PP**

<b>Day</b>	<b>Time</b>	<b>Activity</b>	<b>Location</b>
<b>Monday</b>	9.30 - 12.30	ESOL*	Linkes, 200 Lincoln Ave
	10 - 11	Boogie Babies	Knightswood Community Centre
	12.30-2	Women's Group	Linkes, 200 Lincoln Ave
<b>Tuesday</b>	9.30 - 12.30	ESOL*	Linkes, 200 Lincoln Ave
	10 - 12	Support & signposting drop in with Arabic interpreter	200 Lincoln Ave
	12.30-1.30	Gentle exercise class for Women	Knightswood Community Centre
	1-3	Gardening Group**	Forest Garden
	3.15 - 4.15 4.30-5.30	Create & Play (booking essential) Group 1: P2-4 Group 2: P5-7	160 Lincoln Ave
<b>Wednesday</b>	10-11.30	Conversational ESOL	Knightswood Community Centre
	3-4.30	Football coaching for P1-7s with On the Ball Academy	Lincoln Avenue MUGA
<b>Thursday</b>	11.30 - 1.30	Lunch club for over 50's	290 Lincoln Ave
	3-5	Gardening Group**	Forest Garden
	5.30-7	S1+ Youth Club	160 Lincoln Ave
	6.30 - 8.30	Men's Group	Knightswood Congregational Church
<b>Friday</b>	10 - 12	Support & signposting drop in with Arabic interpreter	200 Lincoln Ave

**\*Waiting List only**

**\*\* This group runs every other week, please contact us for exact dates**

